## **EA Southee Public School**

Friday 14th of September 2018 Term 3 Week 8



#### Congratulations Mrs Dabin

Respect Responsibility Resilience



EA Southee Public School would like to congratulate Mrs Sarah Dabin who has been appointed a permanent teaching position at our school.

Sarah was selected through a rigorous process of recruitment process of the Department of

Education.

We are excited to have Sarah's skills and enthusiasm on our team and we look forward to Sarah being a part of our school for years to come.

EA Southee is investing in teacher quality and expert teachers to ensure all our students have the best opportunity to learn and achieve success.

The students agree we have a great teacher with Mrs Dabin.

#### Is Mrs Dabin a Great Teacher?



YES! I enjoy STEM activities and Mrs Dabin makes it Interesting to learn.

**BRAITE** 

YES! Mrs Dabin is a great teacher and she involves everyone.

HEIDI



Yes! Mrs Dabin Makes learning interesting, fair and fun. **MACEI** 





YES! Mrs Dabin has fun activities and explains how to learn really well. NIALL

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Principal: Mrs Leonie Stevenson

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#### **Up Coming Events**

- Every Monday for Term 3 Kindy Transition
- Intensive Swimming commences Week 9 &10
- K/1/2 Wagga Excursion
- Jump Rope for Heart Week 9
- SRC Team Colours Day: **Drought Relief Donation**

In the Wiradjuri language Cootamundra means, 'many long-neck turtles'.





## Swimming and Water Safety for Years 2, 3 & 4

As Australians, we spend a lot of our time in and around the water; it's a big part of our culture. For this reason, it's important that our students learn water safety and survival skills, so that they can continue to enjoy aquatic activities.

To help achieve this goal, the Department of Education (DoE) runs the School Swimming and Water Safety Program.

This is a Government-funded program that is free for students. Austswim qualified teachers from the Cootamundra Pool provide the students with tuition for 10 days to improve their skills in the water in preparation for the summer months.















# Swimming and Water Safety for Years 2, 3 & 4















#### **Kindy Transition**

Miss Morris will take over the program in Term 4 with students as a part of EA Southee's Transition across the school all day every Friday.

There will be more information to come about this future focussed Transition Day. Children who have a positive start to school are likely to engage and experience ongoing academic and social success. Starting school is a significant event in the life of children and their families. Strong relationships and information sharing between families, early childhood settings and schools help support a child's successful transition to school.

At EA Southee we have embraced this research and we have offered the students of Kindergarten in 2019 every opportunity to succeed through our Extension Transition Program.





## Cricket Australia,

Teaching our future cricketers from Kindergarten to Year 6. Students had a fantastic time learning new skills. All the students had a session with the Cricket Australia Representative.

Mr Reddy will be continuing for the practice for the next 3 Thursday's extending the students catching, bowling and batting skills. At the end of the 3 Day sessions Mr Reddy will be handing out prizes from The Sydney Thunder. A boy and girl displaying Positive Behaviour for Learning values from each class will be selected for the prizes.





### Regional Todd Woodbridge Cup

A team of year 3 and year 4 students represented E A Southee at the Regional Todd Woodbridge Cup last Wednesday in Wagga.

"The practice held during the lead up to the competition improved our skills from the previous District competition in Cootamundra. We had an enjoyable day and represented the school with pride. "I would like to thank the parents for their support and attendance" Mrs Frilay.











## Regional Todd Woodbridge Cup











# Fruit-break/Munch & Crunch Students in Redwood incorporate their Brain Breaks with Fruit break





Emma, Halley, Jesse,
Izaiah and Travis
represented our school
at the Secret World
Project at Cootamundra
High School. They had
been very creative and
enjoyed the day.

#### Our Future Innovators

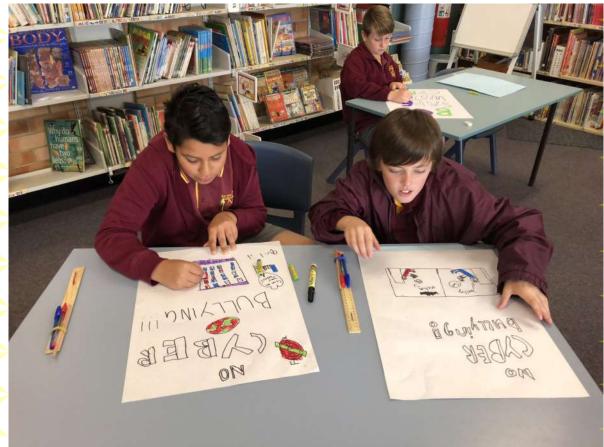




## <u>Cyber Bullying</u>



Cyberbullying is the repeated use of the internet, mobile phones and other technologies to bully, intimidate and humiliate others. It differs from other bullying because it often continues outside of school and school hours. It can be 24/7 and sometimes you may not know who is behind it.





## Claim this Date

## Year 6 Farewell

To be held Friday 14th December 2018

6:30pm

At the Ex-Services Club; Year 5 are invited.







## **Every Day Counts**

When your child misses just	that equals per year	and therefore from Kindy to year 6	and therefore from Kindy to Year 12 that is	Your child has missed
1 day each fortnight	20 days per year	9 months of school	1 ½ years of school	260 days
1 hour per day	40 days per year	1 and ¼ years of school	Over 2 ½ years of school	520 days
1 day per week	40 days per year	1 and ¼ years of school	Over 2 ½ years of school	520 days
2 days per week	80 days per year	2 and ½ years school	Over 5 years of school	1,040 days
3 days per week	120 days per year	4 years school	Almost 8 years of school	1,560 days





#### Jump Rope for Heart

Our school has been a longtime supporter of this campaign and I thank the students for their continued involvement in the program. Students are still able to use the online fundraising forms or return the paper forms with the money in an envelope to the office by the end of term.

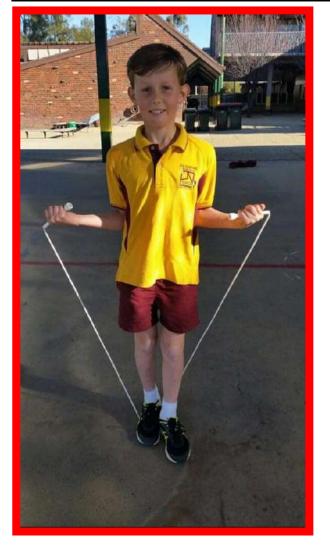
The schools 'Jump Off Day' will be held on Friday the 21st of September 2018. Students are encouraged to bring a gold coin donation.

The finals of the speed skipping and rope tie will be held at 9:30am.

Parents are welcome to attend this whole school event.

Thank you for your continued support.

Mrs Wood.





EA Southee 2017 Jump Rope for Heart Record Holder

**Kurtis Robinson** 



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#### Free Two Day Workshop for Parents and Carers

Cootamundra 16 & 17 October 2018

#### Positive Partnerships is coming to a location near you!

Join us for 2 days of learning with other parents and carers of school aged children on the autism spectrum, designed to help you foster productive school, family and community relationships to provide the best kind of support for your child. Our workshops are for parents, carers and grandparents wanting to understand more about autism and learn practical strategies using evidence based resources to help maximise their young person's learning.

#### What will you gain by attending this workshop?

- An increased understanding of the impact of autism
- Further knowledge about how to develop effective partnerships with your school
- Information to help you access further support both inside and outside of school
- An opportunity to be part of a support network where you can share strategies and experiences with other parents/carers
- An understanding of a planning tool that can be used to share key information related to your child

#### Workshop details

Venue: Cootamundra Ex-Serviceman's & Citizens Memorial Club

299 Parker Street

Cootamundra NSW 2590

When: Tuesday 16 & Wednesday 17 October 2018

9.30 am - 2.30 pm (Registration from 8.45 am)

Catering: Morning tea and lunch is provided. Please advise any dietary requirements upon

registration.

Register Online: positivepartnerships.com.au Registrations open Tuesday 4 September 2018 and

close one business day prior to the workshop. Register early as places are limited!

Questions? If you are not able to register online please call the Positive Partnerships

Infoline: 1300 881 971 or email parentcarer@autismspectrum.org.au



| | Education







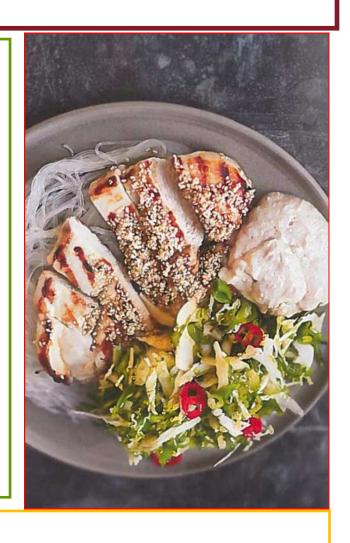




#### The Easy Meal Corner

## Sesame butterflied chicken

- 100 g fine rice noodles
- 2 x 120 g skinless free-range chicken breasts
- groundnut oil
- 4 spring onions
- ½ a Chinese cabbage , (150g)
- 200 g sugar snap peas
- ½-1 fresh red chilli
- 2 limes
- 1 tablespoon low-salt soy sauce
- 1 tablespoon peanut butter
- 2 tablespoons natural yoghurt
- 2 cm piece of ginger



#### <u>Method</u>

- 1. Put a griddle pan on a high heat.
- 2. In a bowl, cover the noodles with boiling kettle water to rehydrate them.
- 3. Use a sharp knife to slice into the chicken breasts, then open each one out flat like a book.
- 4. Rub with 1 teaspoon of groundnut oil and a small pinch of sea salt and black pepper,
- 5. then griddle for 8 minutes, or until golden and cooked through, turning halfway.
- 6. Trim the spring onions and rattle them through the finest slicer on your food processor,
- 7. followed by the Chinese cabbage, sugar snap peas and chilli.
- 8. Dress with the juice of 1 lime and the soy sauce. In a small bowl,
- 9. mix the peanut butter with the yoghurt and the juice of the remaining lime, peel and 10. finely grate in the ginger, mix again, taste, and season to perfection.
- 11. Remove the chicken to a board and slice, lightly toasting the sesame seeds in the residual heat of the griddle pan and sprinkling them over the chicken before serving.
- 11. Drain the noodles, divide between your plates with the chicken, slaw and peanut sauce, 12. mix it all up and tuck on in.



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